

# CALLING ALL MOMS

Who:

Mothers of **The Francis Howell Viking Football Family**,

What:

Football practice

When:

Saturday, June 6, 2009 (Saturday after the first week of Viking Camp)  
10:00 a.m.

Where:

Hollenbeck Middle School (Same Location as Camp)

Why:

To give all the mothers a chance to understand what your son goes through during one of our practices.

What you need to wear:

- 1) Old clothes
- 2) Cleats or old tennis shoes
- 3) Anything your son requests (barring your permission)

What you need to bring:

- 1) Yourself

Details:

We will be splitting the moms up into position groups. You will be put with the same position coach that your son has, so any advice your son can give might come in handy. We will be running a version of one of our authentic VIKING practices, and you get to become the players.

Water will be provided throughout the practice

THANKS FOR ALL OF YOUR SUPPORT AND,  
**GO VIKINGS**